

Case Study #1



Baseline 9 Years Old



Baseline



10 Years Old – 30 Sessions
16 months later, after Oral
Rest Posture Therapy

- Severe anterior tongue thrust/incorrect swallow pattern
- Tongue between teeth resting posture
- Bimaxillary protrusion
- Intermittent open-lips resting posture



Before therapy - 9
years old



Before therapy - 9
years old



16 months after
therapy



16 months after
therapy

Case Study #2



Baseline: 8 years old
Incorrect anterior
tongue resting posture
and swallowing pattern



9 months later
21 Sessions
Close to maintenance



12 months later
Maintenance



2 years, 4 months later
Maintenance

Thumb Sucking

6 Year Old



Baseline 6 year old



2 Months Later



16 Months Later

3 Year Old – Stopped Voluntarily



Baseline: Before



6 Months Later

9 Year Old



Baseline: Before



6 Months Later

Open Lips Resting Postures

10 Year Old



Baseline: 10
years old



Before Therapy



One year after
therapy

15 Year Old



Baseline: 15
years old



Before Therapy



One Year After
Therapy